

**DELTON KELLOGG GIRLS TRACK AND FIELD
SCHOOL RECORDS**

Event	Name	Record	Year
Discus	Sue Hogg	141'3	1984
Long Jump	Amy Cook	17'1.5"	1994
High Jump	Shanna Tamminga	5'6"	2004
Shot Put	Sue Hogg	39'3.5"	1984
Pole Vault	Margie Nichols	9'2"	2004
100M Dash	Julie Fitzsimmons	12.4	1979
100M Hurdles	Amy Cook	15.1	1995
200M Dash	Samantha Lantinga	25.9	1995
300M Low Hurdles	Amy Cook	45.85	1995
400M Dash	Samantha Lantinga	59.8	1994
400M Relay	Chelsea VanderWoude, Rachael Williams	51.28	2008
	Hannah Williams, Katie Searles		
800M Run	Mary Beth Henson	02:18.9	1999
800M Relay	Chelsea VanderWoude, Rachael Williams	01:47.3	2008
	Hannah Williams, Katie Searles		
1600M Run	Monique Hoyle	05:21.3	1996
1600M Relay	Kati Matteson, Samantha Lantinga	04:09.3	1996
	Mary Beth Henson, Arin Glidden		
3200M Run	Jessica Kellogg	11:53.4	2001
3200M Relay	Mandy Dye, Heather Millard	10:04.7	2007
	Rachael Williams, Katee Hogoboom		
100M Low Hurdles	Tracy Hogan	16.5	1981
200M Low Hurdles	Tracy Hogan	33.3	1980