

**DELTON KELLOGG GIRLS TRACK AND FIELD
MOST IMPROVED RUNNER**

Year	Name
1977	Janet Doster
1978	J. Fitzsimmons
1979	J. Fitzsimmons
1980	Dorothy Stuart
1981	Barb Drenth
1982	Barb Drenth
1983	Monique Cichy, Brenda Carroll
1985	Lisa Kimmey
1986	Anna Liceaga
1987	Jody Conrad
1988	Carrie Hill
1989	Amber Wells
1990	Kristen Harrington
1991	Sarah Doele
1992	Dannielle Stap
1993	Brandi Knauss
1994	Nicole Moss, Nicole Berge
1995	Amanda Valezquez
1996	Nicole Berge
1997	Dani Freeland
1998	Dawn Vickery
1999	Dawn Vickery, Amber Noviskey
2000	Jolene Payne, Samantha Pierce
2001	Lauren Cooper
2002	Suzie Wilhelms
2003	Marissa Ingle
2004	Jessica Elliott, Katee Hogoboom
2005	Alicia Leo
2006	Chelsea VanderWoude
2007	Jenah Wandell
2008	Abby Culbert
2009	Avery Blackburn
2010	Andrea Polley